



MICHIGAN DEPARTMENT OF CORRECTIONS Bureau of Health Care Services (BHCS)

**Presentation to the Joint
House Judiciary and Health Policy
Committees**

June 4, 2013

GOALS OF PRESENTATION

- Brief Overview of MDOC's Mental Health System
- Cost of Services
- Challenges of the Mentally Ill
- BHCS Five Year Plan: Highlights

MDOC Mental Health System Overview

- 18-20% of prison population is being treated for mental health issues
 - 8% have Serious Mental Illnesses such as schizophrenia, bipolar disorder, major depressive disorder, psychosis.
 - 10% have less serious mental health needs
- MDOC has a continuum of care to address the full range of prisoners' mental health needs
- Accredited by Council on Accreditation of Rehabilitation Facilities
- Individuals with serious mental illness are by far our most expensive inmates due to the complexity of their needs

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Mental Health Continuum of Care

- Reception: All receive screening, appraisal and assessment
- Mental Health Inpatient – 220 beds (Woodland)
 - Crisis Stabilization
 - Acute Care
 - Rehabilitative Treatment Services
- Residential Treatment Programs (RTP) - (including Secure Status RTP) - 735 beds
- Adaptive Skills Residential Program- 254 beds

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Mental Health Continuum of Care (cont.)

- Outpatient (including Secure Status Outpatient) - 7,000 prisoners
 - Prison based ambulatory assessment, counseling and psychiatric services
 - Institutional mental health services (segregation rounding, parole board reports, sex offender treatment)
- Re-entry services for prisoners with mental health issues being released into the community

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Overview of MDOC Mental Health Population

- Current Number of Persons Served = 8,012
- Breakdown by age
 - 6-17 = 49
 - 18-40 = 4,577
 - 41-65 = 3,268
 - 66-85 = 117
 - 86 and older = 1
- Breakdown by gender
 - Female = 724
 - Male = 7,287
 - Unknown gender = 1

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Overview of MDOC Mental Health Population (continued)

- Security Level of Mentally Ill population
 - Level I: 39%
 - Level II: 32%
 - Level IV: 19%
 - Level V: 10%
- Median time served = 3.7 years
- Number of times to prison
 - 1 = 54%
 - 2 = 25%
 - 3 or more = 21%

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Cost of Mental Health Services

- Mental Health Services and Support Appropriation = \$54,604,454 (all GF dollars)
- Fiscal Year 2012 cost for Woodland Center Correctional Facility = \$27,036,415 (inpatient for mental health services)
- Top 50 Costly Prisoners includes 32 who have a mental illness, annual average per prisoner = \$162,884

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Challenges of the Mentally Ill in a Correctional Setting

- Multiple disorders
- Substance abuse problems
- Adjustment to environment
 - Lack of privacy
 - Times of isolation
 - Boredom
 - Loud and constant noise

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Challenges of the Mentally Ill in a Correctional Setting (continued)

- Challenging behavior
 - Hearing voices
 - Hallucination
- Difficulty following rules
 - Can at times react in ways that may be dangerous for staff, other prisoners, and to themselves

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BHCS Five Year Plan: Highlights

#1: Mental Health Diversion Council

- DOC has worked with DCH to establish the Council and its Action Plan
- Focus is on identifying and mapping best practice models: building upon what works
- Represents system change in how Michigan accomplishes diversion of individuals with Mental Illness away from incarceration and into treatment

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Mental Health Diversion Council

Five broad goals:

- Strengthen “pre-booking” jail diversion for individuals with mental illness
- Ensure quality, effective and comprehensive behavioral health treatment in jails and prisons
- Expand “post-booking” jail diversion options for individuals with mental illness
- Reduce unnecessary incarceration or re-incarceration of individuals with mental illness
- Establish ongoing mechanism to coordinate implementation of action plan and facilitate needed change

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BHCS Five Year Plan: Highlights

#2: Integrated Care

- BHCS is implementing integrated care models that have been shown to be effective outside Corrections in improving outcomes and lowering costs
- Enhancing coordination of:
 - Physical and mental health services
 - Mental health and substance abuse services
- Re-structuring our service delivery system and staffing models to achieve integrated care

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BHCS Five Year Plan: Highlights

#3: Special Focus on Older Adult Population

- Designated housing unit space
- Specialized programming and staffing
- Carefully screened and trained prisoner aides to assist with activities of daily living
- Evaluate potential of establishing secure nursing home facility to care for medically fragile prisoners

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BHCS Five Year Plan: Highlights

#4: Comprehensive Care Management

- State-level and facility- level collaborative care management process to care for our highest cost, highest risk prisoners
- Matching prisoner needs with the right level and location of care to further minimize transfers

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BHCS Five Year Plan: Highlights

#5: Minimize the number of prisoners with Serious Mental Illness (SMI) who are in Administrative Segregation (Ad Seg)

- Six Point Action Plan developed to:
 - Safely move as many prisoners as possible with SMI from Ad Seg to transition programs or units
 - Optimize segregated prisoners' access to mental health services and institutional programs
- 30% reduction (statewide) since Fall of 2012 in the number of prisoners with SMI in Ad Seg
- As we proceed, it is our expectation that this number will be dramatically reduced

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BHCS Five Year Plan: Highlights

#6: Expand use of Evidence-based practices

- Piloting Dialectical Behavior Therapy at Women's Huron Valley (WHV) to treat high risk, high cost prisoners

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BHCS Five Year Plan: Highlights

#7: Adopt more aggressive, comprehensive approach to connecting prisoners with benefits (e.g. Medicaid, Veterans) upon release

- Enhance the processing method, time of acceptance and success rates associated with a benefits claim.

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Contact Information

Thank you for your time today. Please contact me if you have questions.

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